

**FOR NORMAL SKIN:** (use package directions)

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**FOR SENSITIVE SKIN:** Use a small amount (RE9 is concentrated)

**DAY 1: CLEANSER + TONER** - wait a few minutes to see if sensitivity occurs, and if not, follow with eye cream + day / night cream

**DAY 2: CLEANSER + TONER, EYE CREAM + DAY/NIGHT CREAM**

**DAY 3: CLEANSER + TONER, SERUM, EYE CREAM + DAY/NIGHT CREAM**  
(The serum is the most active - should be introduced once the skin has had a chance to get used to the RE9 Advanced system)

The Instant Lift Gel is an optional treatment - it can be used at your discretion once your skin is comfortable with the system.

**FOR EXTREMELY SENSITIVE SKIN:**

Start with the CLEANSER and then add a new product to the routine each day:

**DAY 1: CLEANSER, DAY 2: TONER, DAY 3: EYE CREAM, DAY 4: DAY/  
NIGHT CREAM, DAY 5: SERUM** (used after the TONER)

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## WHAT TO EXPECT

- When you begin using a product that actually works to deep clean the skin, you may experience a few blemishes in the first few days of usage.  
**This is NORMAL.** The skin is just purging itself of impurities under the surface.
- When you begin using a product that effectively exfoliates dead skin cells, you may experience a little flakiness as old skin is loosened and new cells are brought to the surface.
- You may awaken with an oily shine for the first few days of usage of the Arbonne night cream. After a few uses of the facial scrub, the dead cuticle will be removed and the night cream will be able to penetrate the surface of the skin adding moisture and nutrition to the sub layers of the skin.
- If the RE9 set makes you feel “oily” the first few days, it may mean that you have never felt what it’s like to have pH correct skin. That “moist”, “dewy” feeling is normal – that’s what your skin is supposed to feel like! It’s not necessarily oily; it’s just foreign to you.
- Botanically-based, effective skin care may be new to you and your skin. Use your products exactly as directed for the length of time your consultant advises and then evaluate the results.

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