

# RE9 Instructions: What to Expect



## STEP 1: Smoothing Facial Cleanser

MORNING AND NIGHT

Less is more - a 'pea sized' amount of cleanser is all you need. Use water for additional coverage. Cleanser provides effective smoothing and renewing of skin surface for soft supple skin. Removes mild to heavy make up.



## STEP 2: Regenerating Toner

MORNING AND NIGHT

Hold the bottle away from center of face, close your eyes and spray. One pump is all you need. The toner removes any last traces of dirt and make up. Also, as water isn't PH correct, the toner rebalances the acid mantle.



## STEP 3: Intensive Renewal Serum

MORNING AND NIGHT

One pump for your entire face and neck. A powerful blend of clinically proven, collagen-supporting ingredients that visibly firms and lifts skin, while diminishing the appearance of fine lines.



## STEP 4: Corrective Eye Cream

MORNING AND NIGHT

Use only a 'pin head' amount of cream. Apply cream to your ring finger and dab from the centre of your brow bone around the outside of your eye to the centre of your pupil under your eye. Supports collagen, reduces puffiness and diminishes dark circles.



## STEP 5 DAY: Restorative Day Cream/Extra Moisture Restorative Day Cream with SPF 20

MORNING

One pump for your entire face and neck. This broad-spectrum day cream protects your face with an SPF of 20 and helps to restore the skin's youthful appearance.



## STEP 5 NIGHT: Night Repair Cream

NIGHT

Use the scoop provided. Use a 'small almond' sized amount. This ultra-hydrating blend of botanical and concentrated vitamin C supports collagen and helps repair skin to restore a youthful appearance.

NOTE: Some tingling and redness are natural as you begin your new skin treatment

For NORMAL skin: see other side

For SENSITIVE skin:

**Day 1:** Cleanser + Toner - wait a few minutes to see if sensitivity occurs, and if not, follow with eye cream + day or night cream

**Day 2:** Cleanser + Toner, Eye Cream + Day or Night Cream

**Day 3:** Cleanser + Toner, Serum, Eye Cream + Day/Night Cream

The serum is the most active - should be introduced once the skin has had a chance to get used to the RE9 Advanced system)

For VERY SENSITIVE skin:

**Start with the CLEANSER and then add a new product to the routine each day:**

**Day 1:** Cleanser, **Day 2:** Toner, **Day 3:** Eye Cream, **Day 4:** Day or Night Cream, **Day 5:** Serum

## WHAT TO EXPECT

- When you begin using a product that actually works to deep clean the skin, you may experience a few blemishes in the first few days. This is NORMAL. The skin is purging itself of impurities under the surface.
- As the cleanser effectively exfoliates dead skin cells, you may experience a little flakiness as old skin is loosened and new cells are brought to the surface.
- You may awaken with an oily shine for the first few days of usage of the Arbonne night cream. After a few uses of the Facial Cleanser, the dead cuticle will be removed and the night cream will be able to penetrate the surface of the skin adding moisture and nutrition to the sub layers of the skin.
- If your face feels "oily" the first few days, it may mean that you have never felt what it's like to have pH correct skin. A "moist", "dewy" feeling is normal – that's what your skin is supposed to feel like!
- Botanically-based, effective skin care may be new to you and your skin. Use your products exactly as directed for the length of time your consultant advises and then evaluate the results.

This material has been produced by an Arbonne Independent Consultant.