



# Arbonne Essentials Energy Fizz Sticks

## INSTRUCTIONS (CITRUS & POMEGRANATE)

Add Fizz Stick to 8 oz. of water (When adding to a water bottle, drink 3 oz. of water, fizzing could cause an overflow.) Once dissolved, pour over ice or refrigerate.

Riboflavin	3mg	• Naturally helps increase and sustain energy
Niacin	10mg	• Increases thermogenesis
Vitamin B6	2mg	• Increases metabolism
Vitamin B12	6mcg	• Delivers a state of well being
Pantothenic Acid	5mg	• Helps assimilate foods
Chromium	60mcg	• Helps breakdown nutrients
Sodium	258mcg	• No artificial colors, sweeteners or flavors
Potassium	170mg	• 2 Flavors: Citrus Surge and Pomegranate Splash
Stevia Leaf		• Convenient, easy to transport and use
Proprietary Blend	410mg:	
Green Tea, Ginseng, Taurine, Guarana Seed, Rhodiola root extract		

Calories = 13 per serving!!!



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