

TRY A SAFE ALTERNATIVE!

Arbonne's Chocolate or Vanilla Protein Shakes



- VEGAN
- MADE WITHOUT GLUTEN, SOY OR WHEY
- 20 grams of most bio available protein per serving – all VEGAN
- Pea + Rice Protein Source which is best tasting most bio available
- 20 essential vitamins and minerals per serving
- Perfect balance of BCAA's
- Balances blood sugar – weight loss/body healing/muscle repair
- Contains flaxseed for heart health
- No saturated or trans fat
- Alkalizes the body (disease can't grow in an alkalized body)
- Stops cravings
- No artificial sweetener – 9g sugar (equivalent to a cup of strawberries)
- 30 servings only \$2 retail each (discount privileges available when you upgrade to preferred client or consultant)

So what's the difference?

NO DAIRY, NO WHEY, NO FRUCTOSE, NO SOY LETHICIN, NO CANOLA OIL and NO CARRAGEENAN!

Arbonne does not use whey protein because it causes allergies, intestinal issues and stinky gas in the majority of the population. Whey is a by-product of the cheese and milk making process which was once discarded as trash until they decided to turn the leftovers into protein shakes. Whey is an animal protein, and as humans we can only absorb 15% of some animal proteins such as a steak. In contrast, VEGAN protein which is used in Arbonne's protein shakes, has an absorption rate of 85% for humans. The combination of yellow pea, rice and cranberry proteins is the BEST tasting!

Whey protein causes inflammation. Inflammation causes our body to work too hard, depleting our energy and causing sickness. Dairy clogs up our neurotransmitter sites until they are unresponsive. Our neurotransmitters are what make us feel good, have energy and sleep well. Our neurotransmitters are: Serotonin (think how chocolate or hot rolls make you feel after the first bite), Endorphins (think how you feel after you workout), and Gaba (these are the neurotransmitters that help you sleep well). This is why we don't want to block our neurotransmitter sites with Dairy/Whey. Also, the first sign of a gluten intolerance is a milk allergy!

Some allergic reactions to whey may only be drainage; a stuffy nose or a simple post nasal drip on the outside, but what's happening inside can't be seen. When you go off whey/dairy it frees up neurotransmitter sites and you feel better. Dairy affects us at a systematic level; our taste buds taste more when we don't ingest it.

So when mixing shakes, instead of dairy, use water or almond, coconut, or flax seed milk – it will be delicious with just water! Arbonne will not use whey, dairy, gluten, soy or any other known allergenic ingredient in their protein shakes in order to prevent allergies and inflammation, and to allow our bodies to function at their best! Since over 70% of American's have a gluten intolerance (many just don't know it), Arbonne chooses to be made WITHOUT gluten! Also, too much soy can cause estrogen dominance which is why there is no soy in the shakes either.

It just doesn't get any better than ARBONNE!

FACTS: 80% of your immune system is in some part of your GI Tract. 90% of your neurotransmitters are made in the GI Tract where our immune system is overloaded as it fights off foreign proteins. Our HEALTH is affected by what we eat! These shakes are amazing at helping you make better choices to become and remain healthy!

Please contact your Arbonne Consultant for more information: