



30 Days to Healthy Living — Client Tracker

Client Name	Start Date	Days:	Prep Week				Week 1			Week 2		Week 3		Week 4		Post Week		
			At least 5 business days before	7 days before	3 days before	1 day before	1	3	5	8	13	15	16	22	29	30	31	32
			Order Nutrition ASVP	Add Client to the team FB group and send welcome email or text	Text or call: Ensure Client has everything they need	Call: Prompt Client to take Before photo and measurements	Call: Review Client's first day of Healthy Living; Explain typical day of eating	Text: Check in to ask how Client is feeling	Call: Check in to ask if the Client is equipped for the weekend	Call: Kick off Week 2 and ask for testimonial	Call: Give instructions on 7-day cleanse	Text or call: Ask how Client is feeling using the cleanse	Text: Check in and ask how Client is feeling	Call: Ask if Client is running low on product and discuss Client's results so far	Text or call: Offer RE9 Advanced, and/or other skincare samples	Call: Offer congratulations and prompt Client to take After photo and measurements	Call: Ask Client for referrals and book a Discover Arbonne	Add Client to any team or personal social media groups to stay connected